

How to Measure, Track, and Report Your Impact



Who are we?

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How do you calculate GHG emissions?

GHG Emissions

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Activity x Energy Intensity x Emission Factor

What is an Activity?

- Quantity of GHG producing behaviour
- Examples:
 - Driving x distance
 - Using a lightbulb for y amount of time
 - Eating z quantity of food



What is an Activity?

Some activities are easier to quantify than others. Think about how you will quantify your activity before you decide what to do.

What is Energy Intensity?

Amount of energy or fuel used during a duration or distance or size for a particular activity

Examples

Litres per km (L/km)

Kilowatt per hour (kWh)

Cubic meter per hour (m³/h)

Giga Joule per square meter (GJ/m²)

British thermal unit per square meter (BTU/m²)

Power vs energy

Energy = Power x Time

Energy is total quantity of work done.

Power is how fast you can get the work done.

Example

Lifting a box will require a specific amount of energy.

If you lift it faster than you will require more power, but not change the amount of energy.

Working faster = more power

What is an Emission Factor?

- GHG produced by one unit of fuel/energy

Examples

Electricity – 20 gCO₂e/kWh

Natural Gas - 1899 gCO₂e/m³

Gasoline Vehicle – 2317 gCO₂e/L

Diesel Vehicle – 2748 gCO₂e/L

GHG Emissions

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Activity x Energy Intensity x Emission Factor

Let's look at some examples

Activity

Driving a car 100 kilometers (km)

Turning on ten lights for ten hours

Heating a 180 square meter (m²) house

Energy intensity

0.9 litres of gas per km

0.05 kilowatt hours (kWh) per light per hour

16 cubic meters (m³) of gas per m²

Carbon Intensity

2317 grams of CO² per litre

40 grams of CO² per kWh

1899 grams of CO² per m³

Consumption Based Activities

GHG emissions

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Quantity x Carbon Intensity

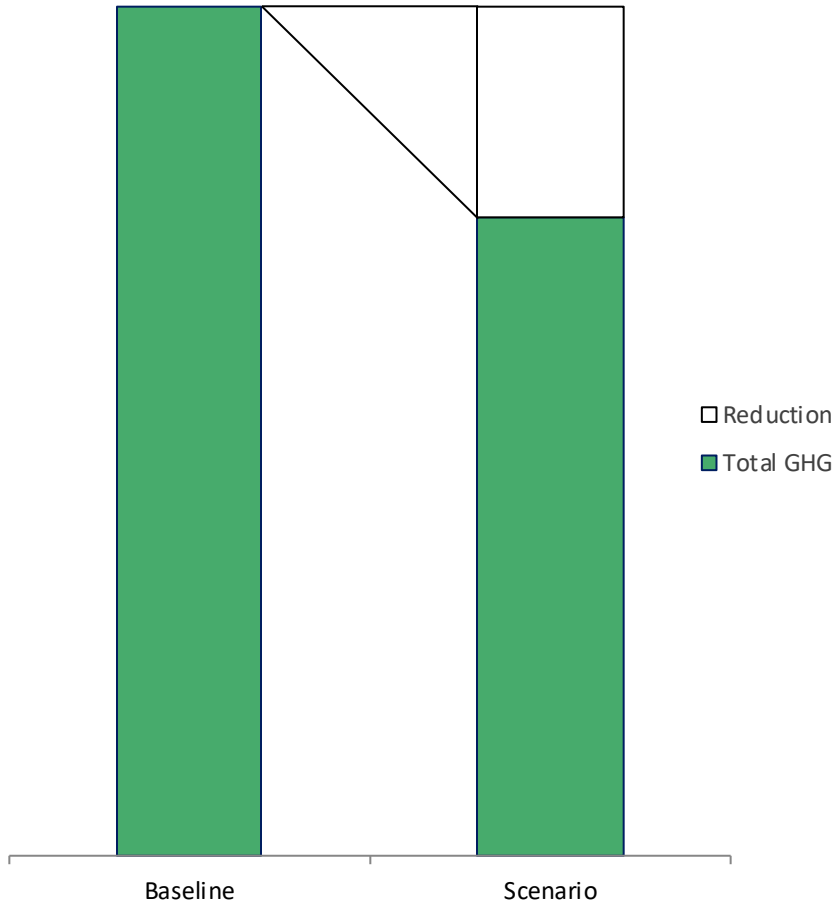


consumption based activities x2

Consumption based activities present some unique challenges.

How do you calculate the impact of your program?

Quantifying Impact



**Calculate Baseline
GHG**

**Calculate Program
GHG**

**Impact = Baseline GHG
minus Program GHG**

Choosing a program

Typically a GHG reduction program will change one or more of these three things:



Amount of
Activity

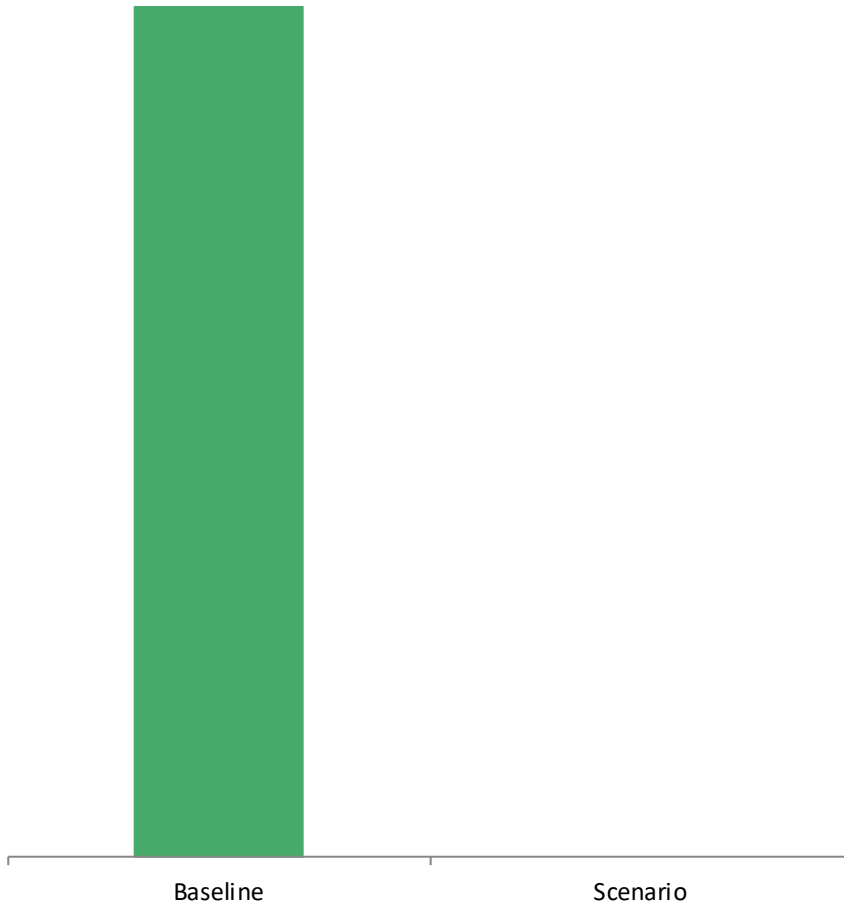


Energy
Intensity



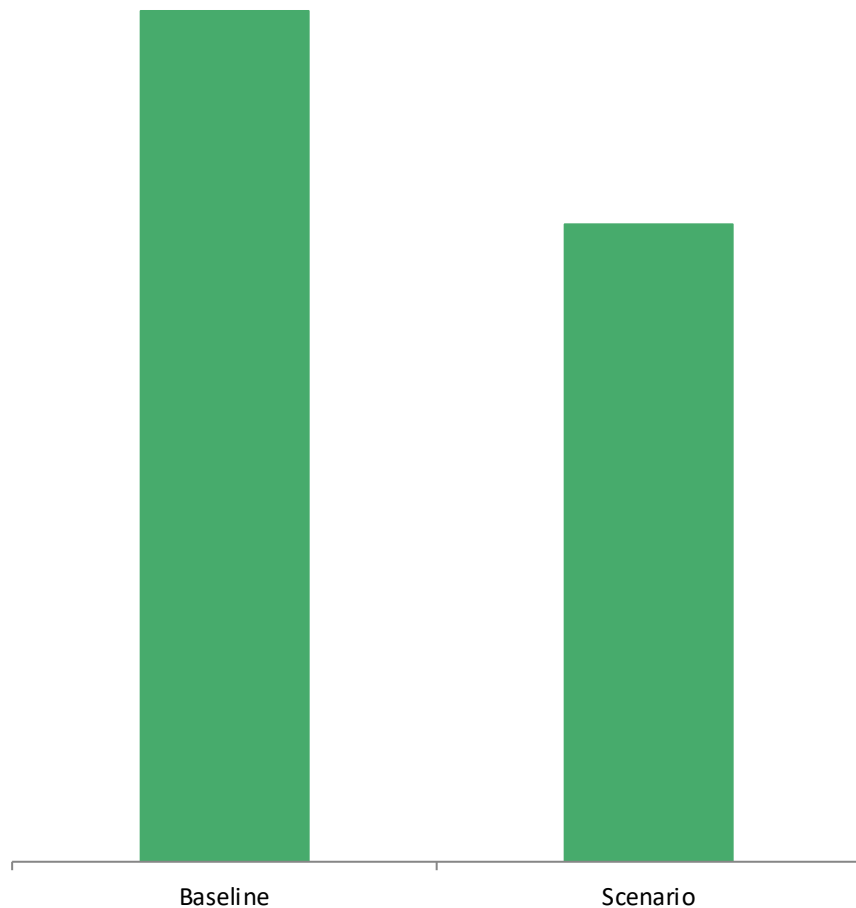
Carbon
Intensity

Calculating a baseline



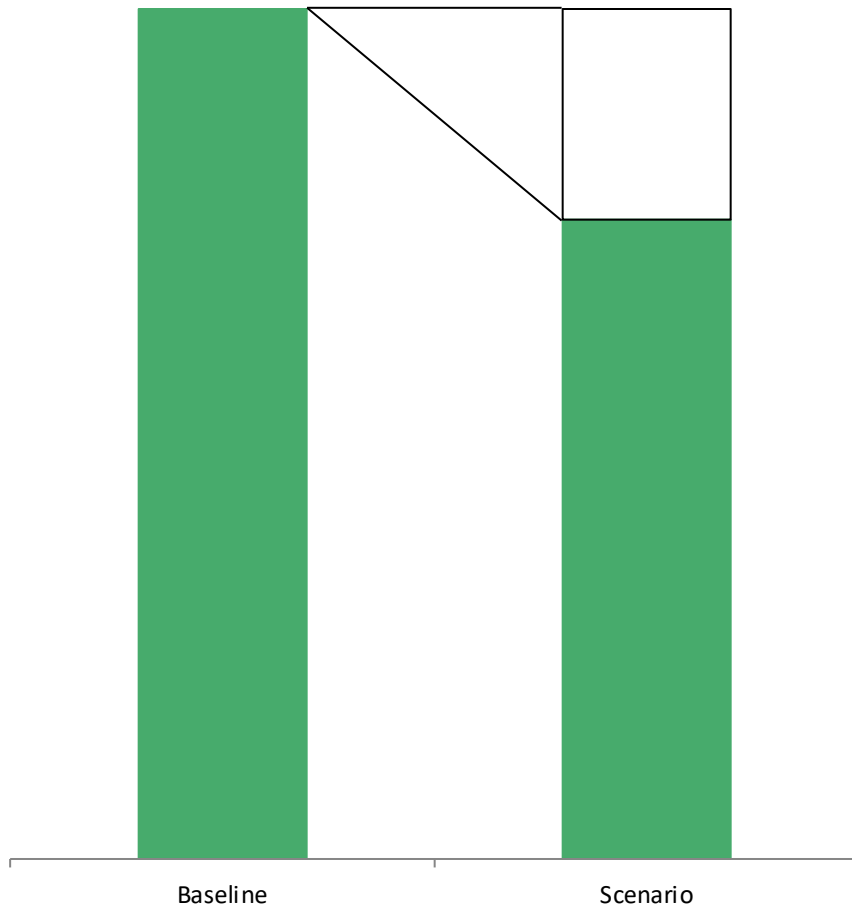
If you made no change to your behaviour, how much GHG would you produce?

Calculating a scenario



When you implement your program, how much GHG will you produce?

Quantifying Impact



What is the difference between the baseline and the program GHG totals?

Let's look at some examples

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Tracking and Measuring

- How did your program actually perform?
- How to track the program results
- Get the data you need!



Tracking and Measuring

- Troubleshooting
- Incomplete data
- Verifying Calculations

GHG Emissions

=

**Activity x Energy Intensity x Emission
Factor**



Activity

- Get into groups of 10
- Calculate a mock GHG reduction program
- Discuss your approach